

Matrix of Oppression

Social Identity Categories	Privileged Social Groups	Border Social Groups	Oppressed Social Groups	Ism
Race	White People	Biracial People (White/Latino, Black, Asian)	Asian, Black, Latino, Native People	Racism
Biological Sex/Assigned Sex at Birth	Male	Transsexual, Intersex People	Female	Sexism
Gender	Cisgender Men and Women	Gender Ambiguous	Trans* Genderqueer,	Transgender Oppression
Sexual Orientation	Heterosexual People	Bisexual People	Lesbians, Gay Men	Heterosexism
Class	Rich, Upper-Class People	Middle-Class People	Working Class, Poor People	Classism
Ability/Disability	Temporarily Abled-Bodied People	People with Temporary Disabilities	People with Disabilities	Ableism
Religion	Protestants	Roman Catholic (historically)	Jews, Muslims, Hindus	Religious Oppression
Age	Adults	Young Adults	Elders, Young People	Ageism/Adultism/Youth Oppression
Language (added)	English-Speaking	Bi/Multi-Lingual	Non-English Speaking	Linguicism

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